



ICP's Summer Sexuality Series: Attachment without Attraction: Understanding Lost Sexual Attraction in Couples

Wednesdays: June 5, 12, 19, & 26, 2024; 1:45pm-3:15pm on Zoom

One of the most perplexing clinical moments for patients and therapists is a declaration of an absence of sexual attraction by one or both partners. Unlike sexual desire which can wax and wane over time, sexual attraction is often experienced as fixed and unchangeable. What is a therapist to do? How do we best understand the vicissitudes of sexual attraction over the lifespan of couples including the absence of attraction from the beginning of relationships to its decline over time.

Utilizing a narrative approach which integrates psychodynamic, systems, and cognitive behavioral elements, Dr. lasenza will discuss assessment and treatment techniques that help identify and transform intrapsychic, interpersonal, developmental, and environmental factors that contribute to this emotionally challenging presenting problem.



Suzanne lasenza is a practicing psychologist who specializes in and writes on topics such as human sexuality, sex therapy for individuals and couples, sexual orientation and gender identity. She teaches at the Ackerman Institute for the Family, Adelphi University's Derner Institute Postgraduate Program in Psychoanalysis, the Westchester Center for the Study of Psychoanalysis and Psychotherapy, the Family Institute of Westchester, and the Institute of Contemporary Psychotherapy in NYC, where she co-founded the Sex Therapy Training Program (STP). She offers study/consultation groups and individual consultation for mental health professionals. She has a private practice in psychotherapy and sex therapy in New York.

6 NYS + AASECT CE Credits

icpnyc.org/event/summer-sexuality-series-2024

\$295 General Admission

\$215 ICP Community

\$190 Current ICP Therapists

\$115 Current candidates & students

